



The Maryland State Medical Society

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OCTOBER IS NATIONAL BREAST CANCER AWARENESS MONTH

BALTIMORE, October 24, 2017 — This October, MedChi, the Maryland State Medical Society, is proud to participate in National Breast Cancer Awareness Month. After skin cancer, breast cancer is the most common cancer among American women. About 1 in 8 women born today in the United States will get breast cancer at some point.

While most people are aware of breast cancer, many forget to take the steps to have a plan to detect the disease in its early stages and encourage others to do the same.

- If you are a woman age 40 to 49, talk with your doctor about when to start getting mammograms and how often to get them.
- If you are a woman age 50 to 74, be sure to get a mammogram every 2 years. You may also choose to get them more often.
- If you are a male, breast cancer increases as you age. The peak incidence of male breast cancer occurs between the ages of 68 and 71. Talk to your family doctor or a general practitioner if you notice any unusual signs or symptoms that worry you.

Talk to a doctor about your risk for breast cancer, especially if a close family member had breast or ovarian cancer. Your doctor can help you decide when and how often to get mammograms.

Dr. Gary Pushkin, M.D., New President of MedChi, states “early screenings are essential. Being aware of any early signs and symptoms allows the cancer to be more effectively treated and prevented from spreading to other areas of the body.

About MedChi

MedChi, The Maryland State Medical Society, is a non-profit membership association of Maryland physicians. It is the largest physician organization in Maryland. The mission of MedChi is to serve as Maryland's foremost advocate and resource for physicians, their patients and the public health of Maryland. For more information, please visit www.medchi.org.